

Barrington Head Start

We serve MILK at Breakfast and Lunch		October-22		We Serve SKIM milk	
MONDAY		TUESDAY		WEDNESDAY	
Bkfst	Cherries WG Jungle Crackers Waffles Sausage Patty Tator Tots Vegetable Juice Peaches Cucumbers/Slices/Ranch WG Tricuits	Bkfst	Caritaloupe WG Banana Muffin Lunch Beef Taco Filling Tortilla Chips/ Refried Beans Salsa Corn Applesauce Bell Peppers/Hummus WG Brown Rice Cakes	Bkfst	Blueberries WG Pancakes Lunch Mini Corn Dogs Deli Roster Potatoes Cherry Tomatoes Banana WG Bread Hard Boiled Egg
Snack	Pineapple Kix Cereal "Wowzers" Cheeseburger Emoji Potatoes Baked Beans Applesauce Celery/Ranch WG Graham Bug Bites	Snack	Oranges WG Breakfast Pizza Lunch Popcorn Chicken Bowl (Chicken/Potatoes/Gravy) Baby Carrots Banana Coco Chip Bites Green Beans WG Grilled Cheese Sandwich	Snack	WW Honeydew Melon Lunch Ham Egg Cheese Bkfst Bar Orange Chicken Brown Rice Stir Fry Vegetables Celery Sticks/Sidekick Dinner Roll Pickled Beets WG English Muffin
Bkfst	Kiwi WG Chermos Cereal Hot Dogs French Fries Vegetable Juice Sliced Pears Side Kick Wild Rice	Bkfst	Sweet Potato Puffs Turkey Slices Lunch Spaghetti Meat Sauce Rotini Noodles Broccoli Baby Carrots Applesauce Broccoli & Cheese WG Soft Pretzel Sticks	Bkfst	Prunes WG Blueberry Muffin Lunch Egggoji Waffles Egg Patty Sweet Potato Fries Cucumber Apples Tuna Salad WG Tortilla Wrap
Lunch	Cherries Yogurt & Honey Bunches of Oats Waffles Sausage Patty Tater Tots Vegetable Juice Peaches Baby Carrots/Ranch WG Brown Rice	Lunch	Pineapple WG Waffle Beef Taco Filling Shredded Lettuce/Cheddar Salsa Refried Beans/Corn Applesauce String Cheese WG Sunchips- Cheddar	Lunch	Peaches WG Waffle Turkey and Gravy Mashed Potatoes Green Beans Strawberry cup Dinner Roll V8 Juice Tortilla Chips
Snack	Cherries WG Rice Krispies Cereal Banana Cheeseburger Emoji Potatoes Baked Beans Fruit Juice Sidekick Raisins WG Pretzel Goldfish Cracker	Snack	WG Soft Pretzel Sticks Pineapple WG Waffle Beef Taco Filling Shredded Lettuce/Cheddar Salsa Refried Beans/Corn Applesauce String Cheese WG Sunchips- Cheddar	Snack	WW Goldfish Pretzel Crackers Mango WG Oatmeal Lunch Wild Mikes Cheese Bites Marinara Sauce Shredded Romain Cooked Carrots Apples Slices Acorn Squash Cheez Its
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Snack	Cherries WG Rice Krispies Cereal Banana Cheeseburger Emoji Potatoes Baked Beans Fruit Juice Sidekick Raisins WG Pretzel Goldfish Cracker	Snack	WG Soft Pretzel Sticks Pineapple WG Waffle Beef Taco Filling Shredded Lettuce/Cheddar Salsa Refried Beans/Corn Applesauce String Cheese WG Sunchips- Cheddar	Snack	Tomato Soup WG Bread Sticks Prunes WG Blueberry Muffin Lunch Egggoji Waffles Egg Patty Sweet Potato Fries Cucumber Apples Tuna Salad WG Tortilla Wrap
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